

## GOSPEL REFLECTION FOR THE 22<sup>ND</sup> SUNDAY IN ORDINARY TIME

### God's Seating Plan

How do we define 'humility'? What is our perception of a humble person? Perhaps our idea of a humble person is someone self-effacing, someone who never pushes themselves forward or blows their own trumpet, somebody who is overly modest. In a society where we need to push ourselves forward to succeed, humility isn't a quality we value. In fact, we often consider the 'humble person' as a bit of a doormat. Fortunately, this isn't Jesus' perception of humility and he certainly isn't asking us to behave like doormats.



Today Jesus uses an invitation to a dinner party to give a lesson in humility. Jesus notices that the guests at the dinner party seat themselves in positions of honour at the table. It's clear that some of Jesus' fellow guests are so puffed up with pride that they assume the top places at the table. Jesus tells them that things will be just the opposite in God's Kingdom. "For all who exalt themselves will be humbled, and those who humble themselves will be exalted."

Despite our preconceptions, humility isn't about being a doormat. True humility isn't about thinking less of ourselves but thinking of others more. True humility is about serving others without expecting anything in return. The truly humble do not seek to rub shoulders with the rich and influential, but to rub shoulders with everyone, whether they are a king or a pauper. Humility is about sharing time and money unconditionally without expecting repayment, admiration, accolades or long letters of thanks. When we approach God's table, we must remember to be first to put others first.

**Bitesize** – "On the highest throne in the world, we still sit only on our own bottom."  
*Michel de Montaigne, The Complete Essays*



**PARISH PRAYER** – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

**Permanent Deacon:** Rev. Martin Sanderson

**Parish Music team:** Judy Reid, Kathleen Edmunds & Paul McIntee.

**Parish Safeguarding Representatives:** Paul McIntee & Kate Meehan

## Sacred Heart & St Margaret Mary



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## Sunday 31<sup>st</sup> August 2025 – 22<sup>nd</sup> Sunday in Ordinary Time

[Sundays Year C, 22<sup>nd</sup> Week of the Year, Weekdays Year I, Psalter Week 2]

### MASSES in the PARISH

<b>Saturday 30<sup>th</sup> August</b>	<b>Feria</b>
18.00 <i>First MASS of Sunday</i>	
<b>Sunday 31<sup>st</sup> August</b>	<b>22<sup>nd</sup> Sunday in Ordinary Time</b>
09.00 MASS	For the People of the Parish
11.00 MASS <i>Live streamed</i>	Tom Bowles (Intentions)
<b>Monday 1<sup>st</sup> September</b>	<b>Feria</b>
10.00 MASS	Sheila Winters + (SC)
<b>Tuesday 2<sup>nd</sup> September</b>	<b>Feria</b>
- No Mass today	
<b>Wednesday 3<sup>rd</sup> September</b>	<b>St GREGORY THE GREAT - Feast</b>
- No Mass today	
<b>Thursday 4<sup>th</sup> September</b>	<b>Feria</b>
- No Mass today	
<b>Friday 5<sup>th</sup> September</b>	<b>Feria</b>
- No Mass today	
<b>Saturday 6<sup>th</sup> September</b>	<b>Feria</b>
18.00 <i>First MASS of Sunday</i>	Gonzalo Mausisa + (MK)
<b>Sunday 7<sup>th</sup> September</b>	<b>23<sup>rd</sup> Sunday in Ordinary Time</b>
09.00 MASS	For the People of the Parish
11.00 MASS <i>Live streamed</i>	John Booth + (JAB)

**SACRAMENT OF RECONCILIATION: Thursday after 10.00 Mass and Saturday at 17.30**  
**EXPOSITION & BENEDICTION: Thursday after Mass**

*Rosary & Morning Prayer are said weekdays before Mass from 09:15.*

*Please note the 18.00 and 11.00 weekend Masses are normally sung, subject to musician availability*

*For Live Streamed Masses Search for Dereham Catholic Church on YouTube, or use the link on the parish website.*

The parish newsletter is available on the parish website from Friday each week.

**Anniversaries this week:** Elizabeth Keatley, Norah Greenlee, Conal O'Donnell, Albert Foley, Hector Frosdick, Donato Salamone, Doris Evelyn Edith Henderson, Paul Morris, Evelyn Maguire, James Robins, Eleanor Finnimore, George Hill. *May their souls and the souls of all the faithful departed rest in peace.*

**Hospital Visits:** If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

**Sick & Housebound [with GDPR Permissions] – Please pray for:** Shirley Liebenhals, Derek Williams, Patsy Gray, Colette Barrow-Nessian, William Dunne, Pauline Buckland, Katherine Vella, Pauline Organ, Pat Grout, George Mealy, Peggy Mealy, Richard Allison, Marion Ring-Davies, Patsy Thompson, Ann McWilliams, Margaret Glendon-Doyle, Mila Kaunaite, Elaine Wilkes, Anne Sibley, Terri Sanderson.

**Money Matters:** Offerings for the week was as follows:  
Sunday 24<sup>th</sup> August: Plate £324.28.

If there are any parishioners who pay tax and are not part of the gift aid scheme, please let Rex or Father Jay know. Contact details for Rex Baker are: Telephone 01362 694801 or email [rexbaker27@btinternet.com](mailto:rexbaker27@btinternet.com). For those who would like to make their regular offerings by Standing Order, the information you need is: Account name: Sacred Heart & St Margaret Mary Catholic Church. The Sort Code is: 40-20-08 and the Account number is: 11311115. If you are a tax payer, please consider Gift Aid (forms are available at the back of church). This will help to maximize our donations in the Parish.

**Escorted Tour to Ireland – Parishes within Diocese of East Anglia Jubilee**  
Tour to Westport, Knock & Co Mayo, 05<sup>th</sup> October 2025. £849.00 pps. Price includes return flight, 10kg check in bag, 4 nights' in 4\* Castlecourt Hotel, Westport, with Dinner, Bed & Breakfast. All entertainment, excursions and transport included. Visit Knock, Kylemore Abbey, Croagh Patrick, Fr. Peyton Centre. Limited single rooms £200.00. Contact 01268 762 278 or 07740 175557 or email [knockpilgrimages@gmail.com](mailto:knockpilgrimages@gmail.com).

<b>Diary for the week Sunday 31<sup>st</sup> August – Saturday 6<sup>th</sup> September 2025</b>	
Monday: 1900-2030	<b>AA Group Meeting</b> - Emmaus Room
Wednesday: 1430	<b>Queen of Peace Prayer Group</b> – Emmaus Room. All welcome.
<b>Parish Garden Club</b> – To volunteer, please contact Sonia on 07985 521578.	

### **Masses for Week 31<sup>st</sup> August to 6 September 2025:**

Please note there will be **no** Masses Tuesday 2 Sep 25 – Friday 5 Sep 25, as Father Jay will be away on pilgrimage in Poland.

**Baptism.** This Sunday **31st** August at 11 am Mass, **Aleia** Heather Escote, of parents Carlo and Arthea Escote, will be baptized. We joyfully welcome Aleia into our parish family. Let us keep her and her family in our prayers as she begins her journey of faith.

**Children's Liturgy** - For children in Y1 to 1<sup>st</sup> Holy Communion age, recommences Sunday 7th September 2025 at 11 am Mass.

### **Other upcoming Parish events:**

Sunday 31<sup>st</sup> August – Parish BBQ

Saturday 13<sup>th</sup> September – Norfolk Bike Ride & Walk - 9am–5pm (see poster for full details). Need volunteers.

**March for Life UK | 6 September 2025.** Join London's annual pro-life event. The day features an indoor festival with talks, testimonies, music, prayer, and activities for all ages, followed by a peaceful march through the city, concluding at Parliament Square. More information: [www.marchforlife.co.uk](http://www.marchforlife.co.uk)

**Dowry of Mary Pilgrimage:** Walsingham Shrine 7 Sep 25 from 10 am to 4 pm.

### **Thursday Soup Lunch after Holy Hour**

We will be having a soup lunch on the last Thursday of each month starting in September. Everyone is warmly invited to join.

**Pickleball.** All Ages Welcome especially the youth. If you're interested in Pickleball, a sign-up form is available at the back of the Church. Our sessions will hopefully begin in October.

**Forms are now available** at the back of the church for applications for preparation for the Sacraments 2025/26 (please submit forms to Fr Jay):

- **First Holy Communion** (Year 3 and above) starting in autumn.
- **Confirmation** (year 9 and above) starting in autumn.

### **RCIA (Rite of Christian Initiation of Adults):**

A new season of RCIA sessions, for adults to be received into the Catholic Church, start on Tuesday 9<sup>th</sup> September 6.30 pm - 8 pm.

The first part of this process starts for those enquiring about becoming Catholic. Everyone is welcome, including those who want to refresh their faith or support others in their journey. Fill in the RCIA form if you have formally decided to join the Church. Or use the sign-up form at the back of the church (post in the box please) for the first six weeks of the journey until 14th October.